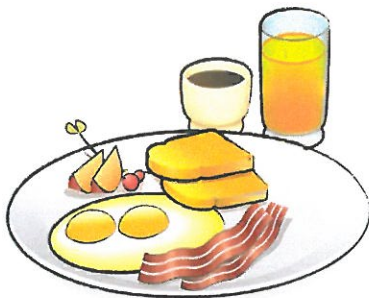
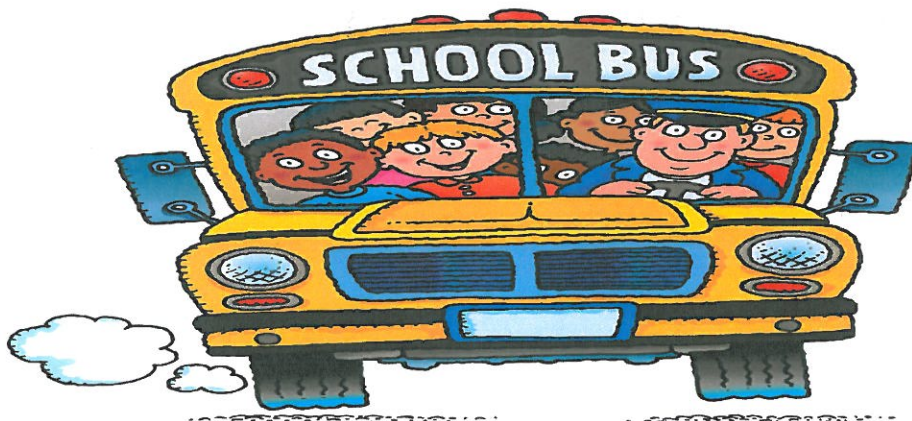


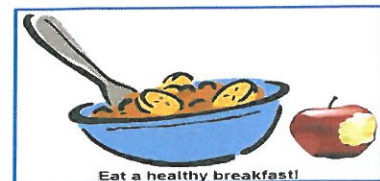
# Make Breakfast Time Your Favorite Time!

**take time for**

# School BREAKFAST



snap2objects  
Free Complete Breakfast Vector



The Cafeteria will be celebrating National School Breakfast Week beginning  
Monday March 7th thru the 10th

Studies show that eating breakfast at school:

- \*Improves classroom performance, yields better test scores and grades
- \*Increases children's ability to focus and concentrate on school work
- \*Decreases disciplinary problems, tardiness and visits to the nurse
- \*Increases attendance rates



Students who eat breakfast are healthier, happier, better behaved and more productive throughout the school day. Students who eat breakfast meet the USDA requirements and supplies ¼ of the daily allowances children need.

(School Breakfast Scorecard 2003, Thirteenth Annual Status Report on the School Breakfast Program Food Research and Action Center November 2003)

Below is our Breakfast menu for the week with a list of special activities for each day. There is always a second menu option of Yogurt and Graham snack offered each day.

Monday – Pancakes and Sausage – Fruit Choice - Orange Juice – Milk

**\*Everyone Eating Breakfast will get a ticket for a Snack at lunch\***

Tuesday – Bacon/Egg/Cheese Bagel – Fresh Strawberries - Orange Juice – Milk

**\*Lucky Tray Day\***

Wednesday – Breakfast Boat or Sunrise Sausage Biscuit – Fruit Choice – Orange Juice Milk

**\*Try something new day\***

Thursday – Dutch Waffle and Scrambled Eggs – Fruit Choice - Orange Juice – Milk

**\*Art contest winners (1 winner per class)\***

**\*Tickets will be given to students each day they eat for prize drawings on Thursday. There will be a grand prize drawing for a Bike to be given away for anyone eating all four days!**

