

Elementary Breakfast menu for 2014-2015 School Year

Breakfast consists of 4 components: whole grain-rich grain(s), protein, fruit, and fat-free or low fat milk. Students must select at least 3 of the 4 components one of which must be a fruit.

Menu is Subject to Change.

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Cereal Bar & String Cheese or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Mini Pancakes or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Breakfast Bagel or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Cinnamon Tastry or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Omelet & Muffin or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk
Week 2	UBR Breakfast Round or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Pancake Sausage Wrap or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Banana Bread or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Mini Cinni or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk	Omelet & Muffin or Yogurt & Breakfast Graham Fruit Choice Orange Juice Milk

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